

Olmstead Community Townhall

OLMSTEAD COMMUNITY
INTEGRATION WORKING
GROUP

DECEMBER 7, 2022

4:00 TO 5:30 PM



Housekeeping/Rules

Due to the size of the group, please mute your phone.

- Link is in the chatbox for captions.
- Multiple opportunities for question and answer **via the chatbox** throughout the townhall.
- To ask a question via audio, please use the raise hand button next to your name.
- If you are using audio to communicate, one person should speak at a time.

Q Search



Cheryl McKearin
Host, me



Thomas Okon



Captions: <https://west.caption-viewer.com/pmaaiopb>

What is Olmstead?

Under *Olmstead v. L.C.*, states are required to allow individuals with disabilities to live in their community instead of institutions. There are 3 factors:

- The person must want community-based services;
- The person's treatment team must consider community-based services appropriate;
- It must be reasonable, given state resources and the needs of others with disabilities.

Remembering Lois Curtis: Olmstead v. LC



Photo by John Poole/NPR

- Disability rights pioneer
- Plaintiff in the landmark Olmstead case
- Institutionalized as a child and fought for nearly 2 decades for the right to live independently
- Worked as an artist, public advocate
- Passed away on November 3 in her home

Why Are We Here?

- Review the District's progress and challenges on the 2021-2024 Olmstead plan
- Listen to your feedback and answer your questions

DC Olmstead Plan

This Olmstead Plan is a three-year Plan focusing on **housing, health care & wellness, and employment**. The Plan:

- Outlines how the District government helps residents live and thrive in their own communities.
- Tracks the number of District residents who transition to the community from long term care utilizing DC Government supports and services.
- Highlights District government programs and policies that assist people with transitioning from long-term care into the community.
- Informs a person in transition of the available services under these three priorities.

Who Are the Olmstead Agency Partners?

- Office of Disability Rights (ODR)
- Department of Healthcare Finance (DHCF)
- Department of Aging and Community Living (DACL)
- Department on Disability Services (DDS)
- Department of Behavioral Health (DBH)
- Department of Human Services (DHS)
- Department of Housing and Community Development (DCHD)
- Department on Employment Services (DOES)
- DC Housing Authority (DCHA)
- Office of the City Administrator (OCA)
- Office of the Deputy Mayor on Health and Human Services (ODMHHS)
- DC Health
- Age Friendly DC
- DC Public Library Center for Accessibility (DCPL)
- District Department of Transportation (DDOT)
- Department of For-Hire Vehicles (DFHV)

Housing Updates

Guiding Principle: DC residents can transition into community-based housing that meets their needs

- DBH supports their consumers with a wide range of housing options which include Community Residential Facilities, Single Room Occupancy Placements, and Housing Vouchers that assist with independent living in apartments
- A challenge with placements is the increased cost of housing in the District which drives the availability of options

Housing Updates

Guiding Principle: DC residents can transition into community-based housing that meets their needs

Department of Health Care Finance Update

Progress During The Year

- Enrolled 3 new providers to deliver Medicaid assisted living services over the last 18 months, increasing the number of Medicaid program participants receiving assisted living services from under 40 to 123

Work in Progress

- Streamlining enrollment in Medicaid home and community-based services for people transitioning from nursing facilities to assisted living in the community

Housing Updates

The mission of the DC Department of Human Services is to empower every District resident to reach their full potential by providing meaningful connections to work opportunities, economic assistance, and supportive services.

With regards to supportive services, DHS tracked metrics that addressed the number of persons housed that reported a disability to include youth, individuals, and families across the housing subsidies which are Permanent Supportive Housing (PSH), Targeted Affordable Housing (TAH), and Rapid Rehousing (RRH).

FY 22 Highlights

Total Housed: 6,256

1699 were families who reported a member with a disability.

4557 were individuals which included youth.

Challenge: Availability of housing options to meet client's needs

Housing Updates

Guiding Principle: DC residents can remain living in the community.

Department for Aging and Community Living Update

- The Safe at Home (SAH) Program provides preventative modifications for qualifying seniors and people with disabilities to live safely in their homes and reduce the risk of falls.
- In FY 22, the program completed in-home adaptation projects for 942 clients resulting in 9,713 installation types such as grab bars, handheld showers, shower seats, bed handles, stairlifts, railings, toilet risers, tub cuts, walker rollators, and other modifications.
- During FY 22, household incomes to determine program eligibility were adjusted to consider only the client's and the spouse's income. In previous years, total household incomes were considered. This change made it possible for clients who could not previously qualify for the service to now fall within the income guidelines.

Housing Updates

Guiding Principle: DC residents can transition into community-based housing that meets their needs

Department of Housing and Community Development Update

Progress During The Year

- DHCD produced 623 affordable housing units in FY22. DHCD also continued to host its annual Design And Construction Accessibility Training for affordable housing developers, owners, architects and construction supervisors.

Work in Progress

- Streamlining enrollment in Medicaid home and community-based services for people transitioning from nursing facilities to assisted living in the community

Community Comments



Health Care and Wellness Support Updates

Guiding Principle: DC residents are supported in transition from institutional settings to home and community-based settings.

Department of Aging and Community Living Update - Community Transition Program (CTP):

- Facilitates the transition of adults with disabilities from Long Term Care to the community
- Provides post discharge case management for up to 30 days.
- Provides guidance, consultation, and coordination for home and community- based services and supports.
- DACL transitioned more clients to the community in Fiscal Year 2022 than previous fiscal years in the District's Olmstead 2021-2024 plan. The number of clients transitioned to the community fluctuates based on a number of external factors including but not limited to client's readiness to transition at the time of the referral, client's desire to transition, client's housing needs, the availability of housing, and the availability of home and community- based service providers who can safely meet the client's needs.

Health Care and Wellness Support Updates

Guiding Principle: DC residents are supported in transition from institutional settings to home and community-based settings.

- A huge part of treatment provided by DBH to its consumers is placing people in the least restrictive environment for their care. This integration drives the need to help people with disabilities return to the community
- A challenge to community integration are those who struggle with following the guidelines to maintain their placements

Health Care and Wellness Support Updates

Guiding Principle: Quality, Accessible, Person-Centered, home and community-based services are necessary to for DC residents with disabilities to live and remain in the community.

Department of Health Care Finance Update

Progress During the Year

- Improved or maintained performance in 9 of 10 metrics, achieving or exceeding federal performance requirements in these areas, while launching a new benefits eligibility system and integrating Medicare and Medicaid benefits for people who need long term care

Work in Progress

- Continuing to educate providers and partners on the expectations for quality management and improvement, with an emphasis on parity across fee-for-service and the new managed care program

Health Care and Wellness Support Updates

Guiding Principle: Quality, Accessible, Person-Centered, home and community-based services are necessary to for DC residents with disabilities to live and remain in the community.

DC Health Update

Progress during the year

- DC Health provides regulatory oversight of the Skilled Nursing Facilities in the District of Columbia. Our mission of ensuring the health and safety of individuals living in skilled nursing facilities is displayed through conducting annual, recertification and complaint investigations.

Work in progress

- We continue our focus in addressing any backlog of survey activity that exists due to the mandated revisions of survey activity that were implemented during the COVID-19 Public Health Emergency by the Centers for Medicare and Medicaid Services. In addition, we continue to review infection control practices during all surveys and maintain open communication with providers to ensure standards are followed.

Health Care and Wellness Support Updates

Guiding Principle: Quality, Accessible, Person-Centered, home and community-based services are necessary to for DC residents with disabilities to live and remain in the community.

Residents received the following LTSS upon discharge:

- Adult Day Health Programs
- Care Management
- Support for Caregivers
- Congregate (Group) Meals
- Home-delivered Meals
- Services for Hearing Impaired Persons
- In-Home Supports
- Hospital Discharge Planning
- Options Counseling
- Memory Care (for Alzheimer's and dementia)
- Nursing Home Transition Services
- Nutrition Programs (Counseling and Education)
- Public Benefits Application Assistance
- Transportation
- Veterans Support Resources

- ✓ A major challenge is the shortage of personal care aides available to meet the needs of individuals that require assistance with Activities of Daily Living (ADL's) to live in the community. This staffing shortage in Home Health Agencies (HHA) can delay the safe discharge of residents from nursing facilities back to their homes the community for months.

Health Care and Wellness Support Updates

Guiding Principle: Quality, Accessible, Person-Centered, home and community-based services are necessary to for DC residents with disabilities to live and remain in the community.

- Understanding the need for access to quality in-home healthcare for individuals with IDD, DDS implemented the Urgent Care Telehealth program. At the conclusion of FY22, a total of 1,489 people supported by DDS now have access to Urgent Care Telehealth services.
- Efforts will continue as DDS works to strengthen the presence of tech-centered resources within our provider network and service delivery system through provider training and access to tech

Health Care and Wellness Support Updates

Guiding Principle: Quality, Accessible, Person-Centered, home and community-based services are necessary to for DC residents with disabilities to live and remain in the community.

- DBH provides services based on the consumer's goals. The person receiving care is the focus of the treatment with the hope of returning to the community as soon as possible
- A challenge can be the length of time in an institution which can diminish the confidence needed to be successful in the community

Community Comments



Employment Update

Guiding Principle: DC residents with disabilities have access to competitive, supported employment.



Employment Update

Guiding Principle: DC residents with disabilities have access to competitive, supported employment.

Average Hourly wage of People employed more than 90 days - **\$17.85**

Percentage of people successfully employed who remain employed for 90 days more. **56%**

Percentage of high school students ages 16-22 with disabilities who receive at least one Pre-Employment Transition Service each school year. - **87%**

Employment Update

Guiding Principle: DC residents with disabilities have access to competitive, supported employment.

- The D.C. Department of Employment Services (DOES) allows customers to self-report a disability at the time that they register in DC Networks (system of record);
- American Job Center (AJC) offers tailored Case Management Services; and
- Agency reports to DDS quarterly on employment rates, retention, and earned wages (aligned with WIOA reporting requirements) for those customers.

Employment Update

Guiding Principle: DC residents with disabilities have access to competitive, supported employment.

- Supported Employment is an Evidenced Based Practice that increases a person's self-esteem and gives them the belief that personal goals are achievable which is supported by DBH
- A challenge can be the change in the employment environment with applications being electronic and maintaining a position can require a different skillset than previous positions in their work history

Community Comments



New Partners Update

Guiding Principle: District residents with disabilities have access to the services, programs, and activities of the District by ensuring accessible and safe modes of private and public transportation.

- In FY22, DDOT, in partnership with the Office of Planning, developed accessibility guidelines to improve access “terraced” residential buildings for residents with disabilities.
- DDOT's next challenge is to improve accessibility at the curbside by expanding the Accessible Parking and Pick-Up/Drop-Off Programs.

New Partners Update

Guiding Principle: District residents with disabilities have access to the services, programs, and activities of the District by ensuring accessible and safe modes of private and public transportation.

Department For-Hire Vehicles Update

VetRides Program Progress in FY22

- 7,765 completed rides (67% Increase from FY21)
- Monthly riding averages quadrupled from Q2 to Q4
- 8 Minute Wait Time Average in Q4
- Current trends suggest demand of 20,000 rides for FY23 (Nov 2022 just under 2,000 rides)

Work In Progress – App Booking Option, Expected Q3 of FY23 **Challenge:** WAV Shortage (TDC)

New Partners Update

Guiding Principle: District Residents can participate in leisure and social activities and feel connected with their neighborhoods and communities.

- There were 662 DC Library Outreach events in the community during FY22, reaching across all ages and all 8 wards. This is in comparison to 183 activities in FY21.
- A challenge can be anxieties around the evolving health emergencies we've all faced, which can lead to isolation

New Partners Update

Guiding Principle: District Residents can participate in leisure and social activities and feel connected with their neighborhoods and communities.

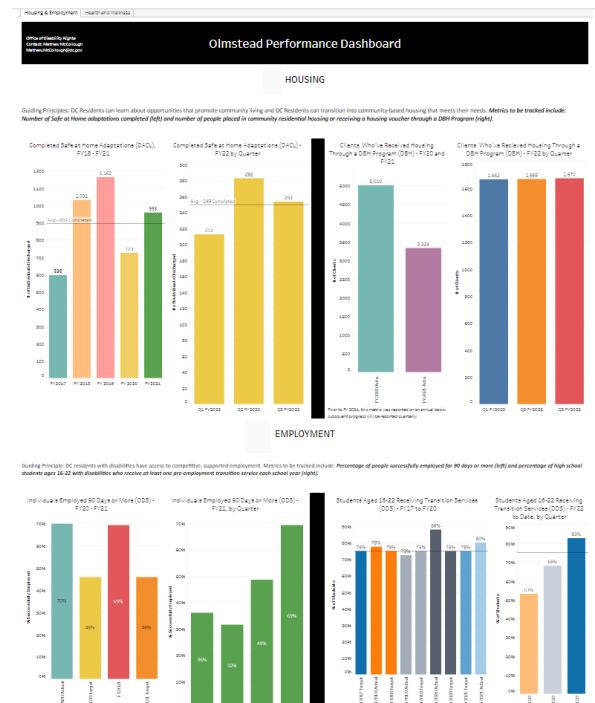
Age-Friendly Update – Age-Friendly DC is the Mayor's initiative to transform DC into an easier city in which to grow older. Age-Friendly DC's work is divided into three Pillars, Built Environment, Lifelong Health and Security and Changing Attitudes about Growing Older.

All three Pillars have strategies that align with the Olmstead Plan

In the last year, Age-Friendly DC's most notable accomplishment was the increase in remote participation in leisure and social activities, facilitated by acceptance of virtual meetings, allowing residents living with disabilities who, heretofore, could not join in the fun. Meanwhile Vision Zero has not shown progress, in spite of thoughtful changes to reduce speeding and installation of barriers to protect pedestrians and cyclists.

Reporting Updates

- Publish quarterly reporting on website (<https://odr.dc.gov/page/olmstead>)
- Dashboard graphic



Community Comments



Keep in Touch

For information and assistance, please contact the Office of Disability Rights:

Website: <http://odr.dc.gov>

ODR Number: (202) 724-5055

Olmstead Email: Olmstead@dc.gov

Facebook: www.facebook.com/disabilityrights

Twitter: [@ODRDC](https://twitter.com/ODRDC)