



DC Commission on Persons with Disabilities

October 26th, 2023



Melissa Deas
Chief Resilience Officer

melissa.deas@dc.gov

HSEMA's Resilience Bureau

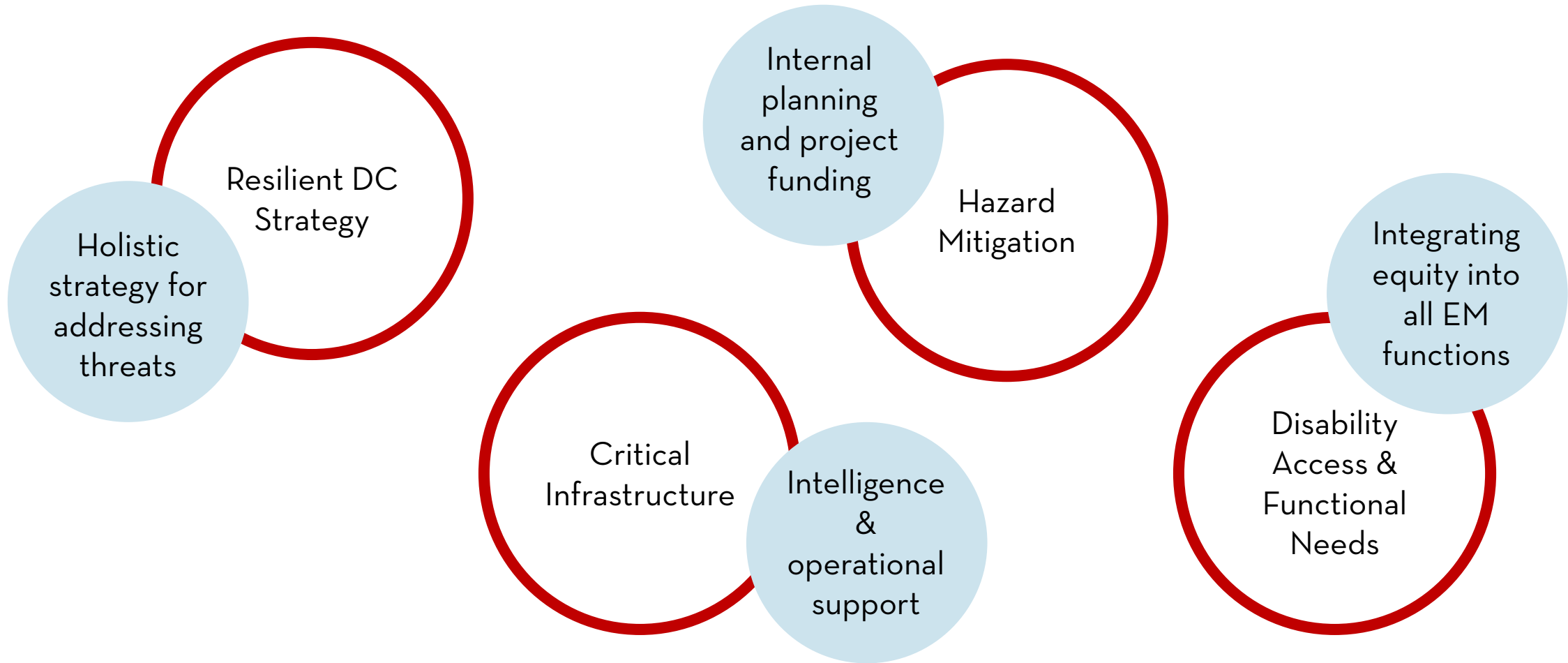
Resilient DC
Strategy

Hazard
Mitigation

Critical
Infrastructure

Disability
Access &
Functional
Needs

HSEMA's Resilience Bureau



Goals: Manage (implement, report on, update) the Resilient DC Strategy

A guide to this Resilience Strategy

Resilient DC is divided into goals, objectives, initiatives, and focus areas.

2 focus areas that are either flagship initiatives to showcase resilience or address issues fundamental to building resilience

4 goals that set generational ambitions to thrive in the face of expected change

16 objectives that outline the work necessary to meet each of the goals

68 initiatives that are specific, coordinated efforts and commitments to adapt to and leverage change



Resilient Rivers



Equity in Governance



Inclusive Growth



Climate Action



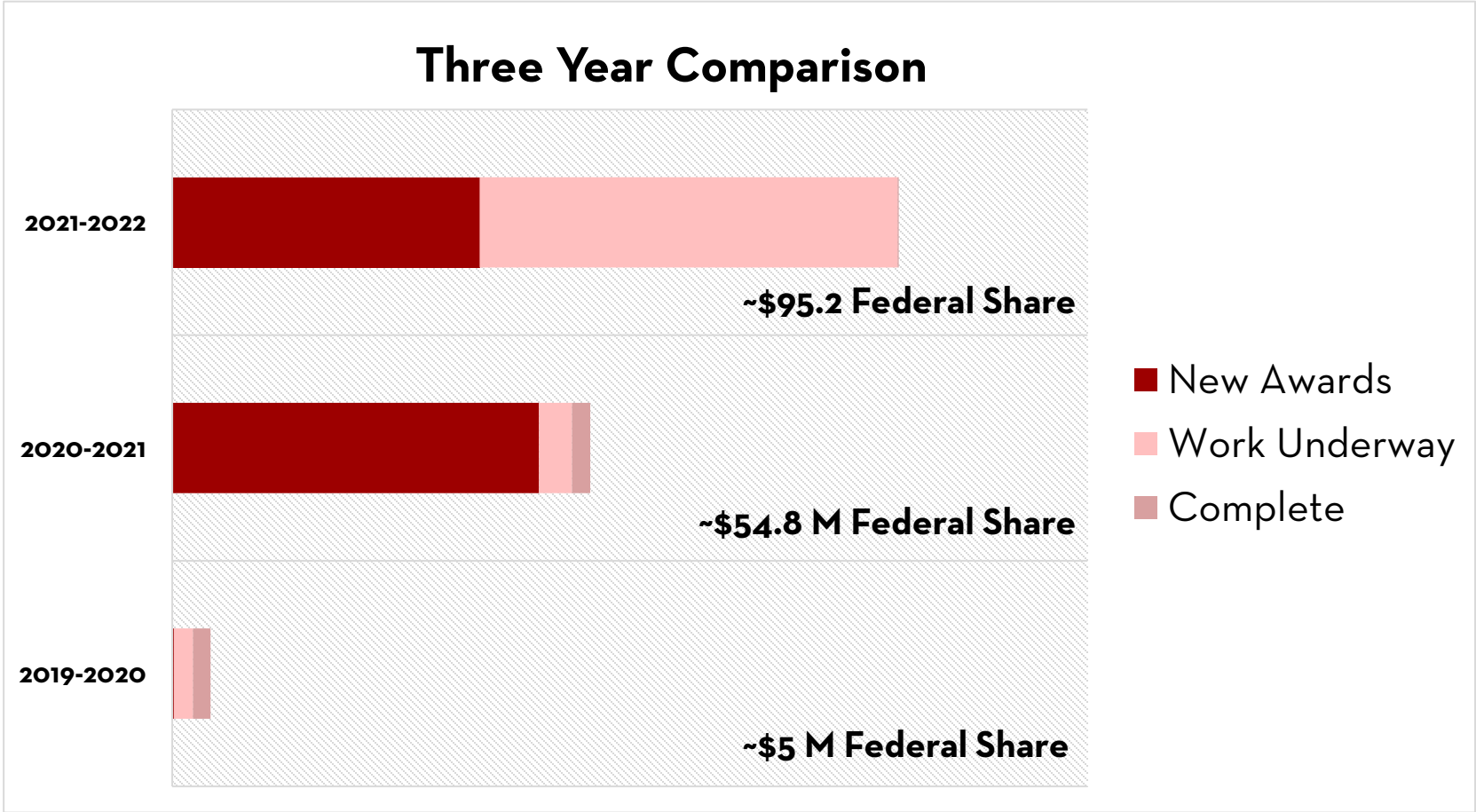
Smarter DC



Safe & Healthy Washingtonians

Hazard Mitigation Funding Snapshot

Hazard Mitigation Funding Federal Investment October 2019 – September 2022



SW/Buzzard Point Flood Resilience Strategy

October 13, 2022



Increased flooding creates a need to protect people and critical infrastructure.



Green Leaf Public Housing



James Creek Public Housing



Defense



Utilities



Emergency Response

Interior flooding is also a threat and a frequent nuisance



Lansburgh Park



Beat the Heat

Also known as a "heat wave," extreme heat is an extended period of time when the temperature is above 95 degrees Fahrenheit and humidity is high. This kind of heat can be dangerous to your health, sometimes even fatal.

In the last 5 years, DC has had a 5 percent increase in humidity coupled with many more days of extreme heat. And, we're expected to continue experiencing these very hot days and increasing humidity more often in the years to come.

Learn what you can do and what we are doing to help you keep cool in these extreme temperatures.

Be ready for any emergency

- Make an emergency kit →
- Design a family communications plan →
- Check in on your neighbors →
- Sign up for text alerts →

Learn more

Extreme heat guide

Before During After

Know when you're dangerously hot

Learn the signs of overexposure and ways to stay cool during the hottest months of the year.

<p>Heat exhaustion</p> <ul style="list-style-type: none"> Heavy sweating Weakness and fatigue Fast, weak pulse Muscle cramps Cold chills Nausea Dizziness 	<p>Heat stroke</p> <ul style="list-style-type: none"> No sweating High body temperature Fast, strong pulse Altered mental state Throbbing headache May lose consciousness Confusion
<p>Cool down</p> <ul style="list-style-type: none"> Rest in the shade or in an air-conditioned space Drink water Remove extra clothing 	<p>Get help</p> <ul style="list-style-type: none"> Call 9-1-1 Take to the Hospital Apply cold compress Do not give fluids

KNOW THE SIGNS

<p>HEAT EXHAUSTION LEADS TO HEAT STROKE</p> <p>Heavy Sweating Weakness & Fatigue Fast, Weak Pulse Muscle Cramps Cold Chills Nausea Dizziness</p> <p>COOL DOWN</p> <p>Rest in Shade or Air-Conditioned Space Drink Water Remove Extra Clothing</p>	<p>HEAT STROKE CAN BE FATAL</p> <p>No Sweating High Body Temperature Fast, Strong Pulse Altered Mental State Throbbing Headache May Lose Consciousness Confusion</p> <p>GET HELP</p> <p>Call 911 Take to the Hospital Apply Cold Compress Do Not Give Fluids</p>
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Keep yourself and your family safe

Take a look at the actions you can take below to keep yourself and your family safe from the heat during the summer months.

- 1 Drink lots of water:**
Drink more water regardless of how active you are, and avoid caffeinated and alcoholic beverages, because your body will sweat more on hot days.
- 2 Keep kids and pets cool:**
Don't leave kids or pets alone in cars, ever, because the temperature inside a car can rise very quickly.
- 3 Wear loose clothing and sunscreen:**
Wear protective, loose-fitting clothing and SPF-15 or higher sunscreen.
- 4 Take cold showers:**
Use cold water when showering to lower your body temperature.
- 5 Use fans properly:**
Do not use fans if the temperature inside is greater than 95 degrees Fahrenheit because this can inhibit sweating and body temperature regulation.

Save money by preparing your house

When it comes to money and preparing for extreme heat, we're all looking for ways to save. Take a look below at the actions you can take around your house today that will save you money on utility bills tomorrow.

- 1 Check your air conditioning:**
Check your AC ducts for proper installation and working condition to make sure that it uses electricity efficiently.
- 2 Check your fans:**
Make sure your fan turns counterclockwise to help create a downdraft, which allows a direct cooling breeze.
- 3 Add weather-stripping:**
Seal the cracks around your windows and doors, and cover them with shades throughout the day to keep cool air inside.
- 4 Install heat deflectors:**
Install some kind of barrier such as aluminum foil-covered cardboard between your windows and curtains to reflect the heat away from your home.
- 5 Disconnect power sources:**
Unplug or turn off lights and other devices that are not being used to prevent a power outage.
- 6 Keep air ducts clear:**
Unplug or turn off lights and other devices that are not being used to prevent a power outage.
- 7 Create a makeshift air conditioning:**
Put a bowl of ice or cold water in front of your fan so the air that blows cools down.

"I'm so glad I spent the money to seal the cracks around my windows and doors before the summer season. I can see a huge difference on my electricity bill this year. It's really impressive how much a small investment now will save you later!"

Miles, Ward 7 Resident

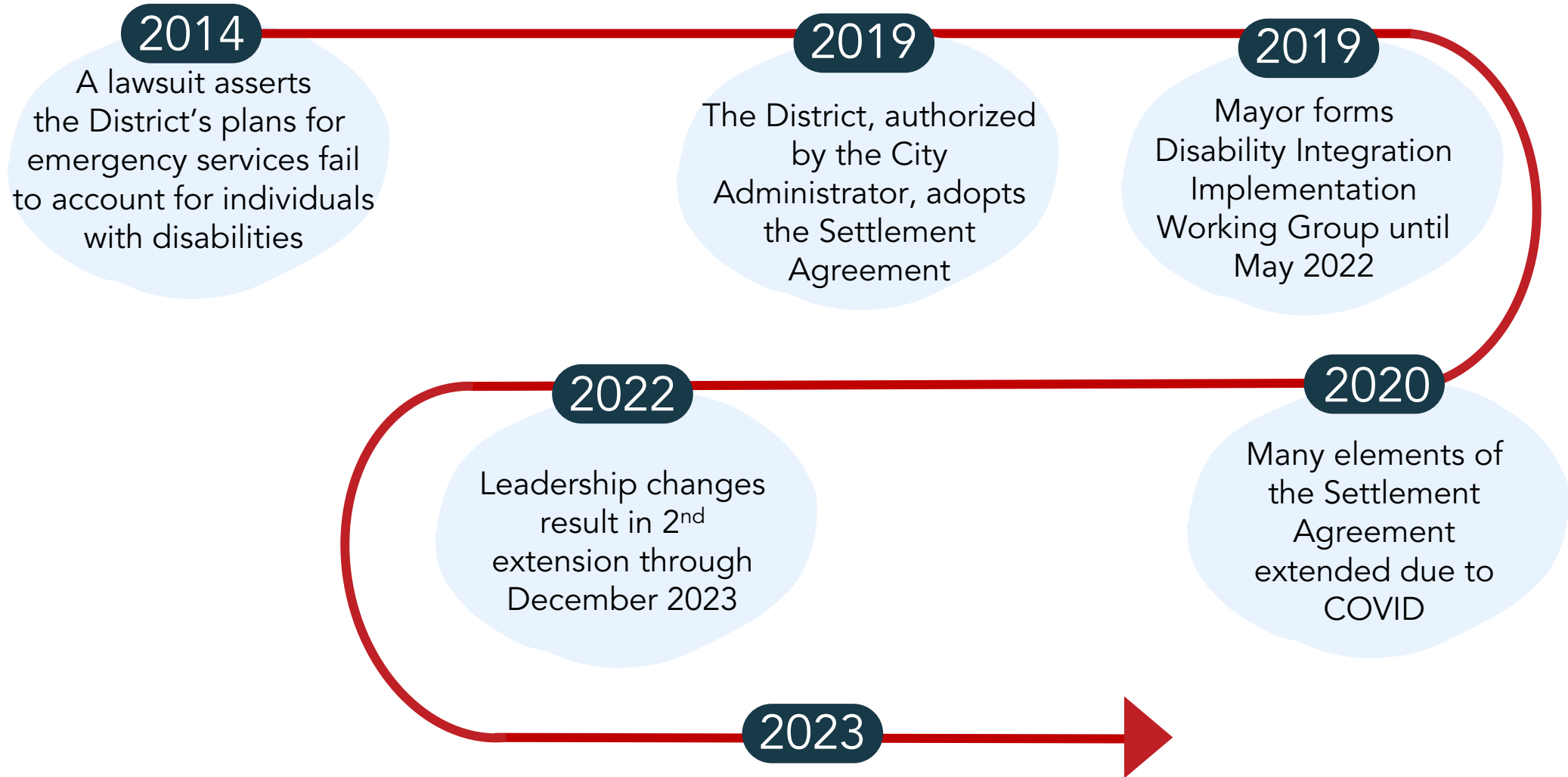


Rosemary McDonnell

**Senior Disability, Access, and
Functional Needs Program Manager**

Rosemary.McDonnell@dc.gov

Settlement Agreement Timeline



Settlement Agreement Collaboration



American Red Cross



DC | DEPARTMENT OF HUMAN SERVICES



What is the Disability Community Advisory Group (DCAG)?



Group Goals

- Provide disability-specific perspective and recommendations on workstreams related to the settlement
- Extend beyond the settlement to advise on the District's Disability Access and Functional Needs program



Scope

- Review plans, training, and other materials
- Identify resources and subject matter support
- Serve as non-political advocate for DAFN program

DAFN Program Missions and Tasks

Mission: Due to the effective use of communication tools, people with disabilities and others with access and functional needs understand what emergency services are available to them, are prepared for incidents before they occur, and are informed of potential emergency situations in a comprehensible manner through their preferred methods of communication.

Accessible Emergency Alerts

AlertDC allows you to pick the type of emergency alerts and updates you receive.



AlertDC is your personal connection to real-time updates and instructions to protect yourself, your loved ones, and your neighborhood.



alert.dc.gov



Senior DAFN Program Manager's Future Goals

<https://app.sli.do/event/kMNTj9XfS4mn3en1R2gSLj>

Participants can vote
at [Slido.com](https://www.slido.com) with [#DCCPD](https://twitter.com/DCCCPD)



Mission: Ensure people with disabilities and others with access and functional needs can equitably and effectively navigate, access, and use mass care services and essential resources, while being treated with dignity.



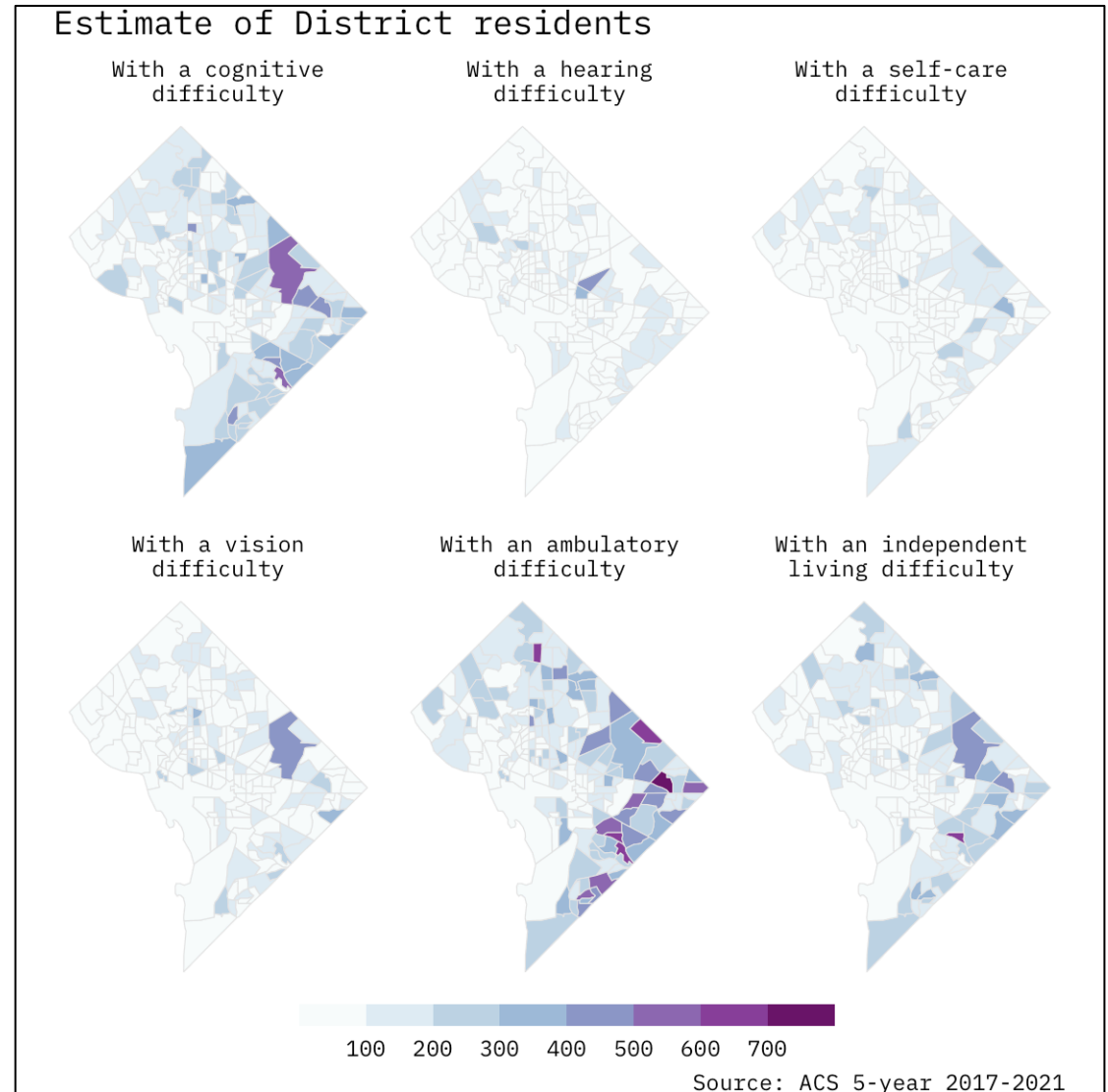
An accessible shower at an indoor shelter site



Accessible, mobile outdoor restrooms at a shelter site

Mission: The District's emergency plans and operations are intentionally inclusive of people with disabilities and others with access and functional needs by proactively preparing for all communication, maintaining health, independence, support, and transportation needs.

Planning, Training, & Exercise Goals



Mission: As needed, accessible transportation is quickly available and functional to people with disabilities and others with access and functional needs and the community is aware of transportation service options prior to an incident.



Mission: All individuals can evacuate the District safely and efficiently in the event of an emergency. People with disabilities and others with access and functional needs are aware of the plans, procedures, and resources in place to coordinate and assist their evacuation, including their egress from facilities.



SMART911 – Office of Unified Communications



Smart911 allows DC residents to provide the additional details that 9-1-1 call takers may need in order to assist them during an emergency



Have a service animal?

Entering this information on Smart911 could ensure that first responders are aware of this when you call from your registered phone number



Emergency Medical Equipment Notification Program - PEPCO

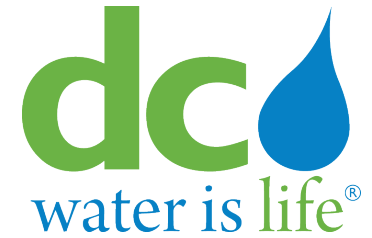


For PEPCO customers who rely on electricity to power life-support equipment in their homes, PEPCO's Emergency Medical Equipment Notification Program provides advance notice of scheduled outages and severe weather alerts

To enroll, call 202-833-7500 or visit [pepco.com/EMENP](https://www.pepco.com/EMENP) to obtain the necessary certification form for you and your physician to complete and return to PEPCO



DC Water Alerts – DC Water



Register for DC Water Alerts so that you can be notified of any disruptions to water service

<https://www.dewater.com/dc-water-alert-notification-signups>





THANK YOU!

Contact Rosemary McDonnell at rosemary.mcdonnell@dc.gov with any questions about the HSEMA DAFN program
