February 2019



Events and Opportunities

Second Saturday Art Class (free!): Draw Like Keith Haring

Join Art Enables for a free Second Saturday workshop. Create drawings in the style of legendary pop artist Keith Haring. Instructors will give easy-to-follow instructions, and provide art materials and stencils for you to create your own masterpiece to take home. This workshop is a casual setting, not classroom style! Arrive any time between 1:00 p.m. and 4:00 p.m. to participate. Artists of all skill levels are invited.

When: Saturday, February 9th from 1:00 to 4:00 PM

Location: Art Enables, 2204 Rhode Island Avenue, NE

Register Today: <u>www.eventbrite.com/e/second-saturday-</u> <u>art-class-free-draw-like-keith-haring-tickets-</u> <u>54764361680?aff=ebdssbdestsearch</u>



Art Reception

Art Enables Studio and Gallery is bringing in the New Year with "PERSPECTIVES" and "Studio Spotlight: Storytellers"—a selection of strong and memorable work highlighting the talents and unique styles of the resident artists of Art Enables.

Free reception: Saturday, February 9th from 4:00 to 6:00 PM



Location: Art Enables Studio & Gallery, 2204 Rhode Island Ave, NE

Register Today: <u>www.eventbrite.com/e/art-reception-</u> perspectives-studio-spotlight-storytellers-tickets-54709832582?aff=ebdssbdestsearch

Complimentary wine and light refreshments.

Assistive Technology Training

Join the DC Public Library Center for Accessibility for a Technology Training Session. This training will be a Drop-in clinic to help entrepreneurs with disabilities write business plans and/or grant proposals.

When: Saturday, February 16th, from 1:00 PM to 3:00 PM

Location: Library Express, 1990 K Street NW



Requests for Reasonable Accommodations can be made by visiting, <u>www.dclibrary.org/node/2095</u>

Fundraising for Entrepreneurs with Disabilities

Do you have questions and/or ideas on getting capital for your venues? Finding access to funding for your business, whether for profit or non-profit, can be a challenge. Join Diego Mariscal and Evan Davies for an interactive "fireside chat" exploring various fundraising options. DSN is a great place for aspiring and current entrepreneurs with disabilities to brainstorm and network.

When: Wednesday, February 20th at 1:00 PM

Location: 2055 L Street, NW, 4th floor

ASL interpreters, food, and drinks will be provided.

Register: www.meetup.com/Disability-StartUP



Performance Oversight Hearing: ODR

Join us for the Public Oversight Hearing by the Committee on Human Services of ODR's Performance for Fiscal Years 2018 and 2019.

When: Thursday, February 21st starting at 10:00 AM

Location: John A Wilson Building, 1350 Pennsylvania Ave, NW: Council Chamber Room 500

Persons wishing to testify about the performance of any of the foregoing agencies may email: <u>humanservices@dccouncil.us</u> or by calling 202-724-8170.

Persons wishing to testify are encouraged, but not required, to submit written testimony in advance of each hearing to the committee at which you are testifying. If a written statement cannot be provided prior to the day of the hearing, please have at least 10 copies of your written statement available on the day of the hearing for immediate distribution to the Council. Unless otherwise stated by the Committee, the hearing record will close two business days following the conclusion of each respective hearing. Persons submitting written statements for the record should observe this deadline.



Commission on Persons with Disabilities February Meeting

Join the DC Commission on Persons with Disabilities for their upcoming February Meeting. This month's meeting will be in person. All public members are encouraged to attend. For more information please visit: <u>odr.dc.gov/DCCPD</u>

When: Thursday, February 28th at 10:00 AM

Location: 441 4th Street, NW 11th Floor Conference Center

Conference Line Number: 866-628-2987

Participant Code: 8488992

For a reasonable accommodation request please contact <u>Julia.wolhandler@dc.gov</u> or 202-727-2890 at least 5 days prior to the meeting.



10th Annual Voices of Change Conference

Join the DC Youth Leadership Network as we work collaboratively to equip transition age youth with disabilities with the knowledge and skills to lead self-determined lives through opportunities to LEARN, LEAD, and ACT.

The focus of the 10th Annual Voices of Change Conference is careers in the arts, event planning, and youth leadership!

When: Friday, March 29th from 10:00 AM to 2:30 PM

Location: Walter E. Washington Convention Center, 801 Mount Vernon Place NW

Register: <u>www.eventbrite.com/e/10th-annual-</u> voices-of-change-conference-tickets-54294174337?aff=ebdshpsearchautocomplete</u>

Disability Emoji

Unicode has announced new Emoji in version 12.0 that includes various disability symbols and characters with disabilities. Amongst these new emoji are manual and motorized wheelchairs, hearing aids, characters signing that they are Deaf, white cane users, mechanical arms, and service dogs.

The Emoji will be released in September/October and available on PCs, mobile phones, and web platforms.

The full list of new emojis available in version 12.0 can be viewed at: <u>https://unicode.org/emoji/charts-</u>12.0/emoji-released.html



Olmstead Corner

The Disability Integration Act



The Disability Integration Act is a Civil Rights Act introduced by Senators Charles Schumer, Minority Leader (D-NY) and Cory Gardner (R-CO). The Act would strengthen Olmstead's integration mandate.

The Act, amongst other requirements, would require public entities increase affordable and accessible housing options, public entities and insurance providers that pay for Long Term Services and Supports must establish adequate payment structures for services and inform people with disabilities of their right to services and supports in the community.

For more information on the Disability Integration Act, visit: <u>www.disabilityintegrationact.org</u>



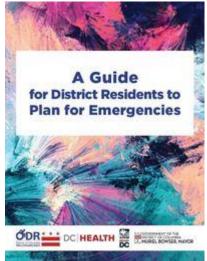
Preparedness Corner

Updated Guide for District Residents

In partnership with HSEMA, ODR has updated our Emergency Guide for District residents titled, "A Guide for District Residents to Plan for Emergencies".

The Guidebook includes templates and planning documents needed to create a preparedness plan prior to an emergency. The Guidebook can be used by anyone, regardless of age gender, disability, living arrangement etc.

The electronic version is available at <u>Ready.DC.Gov</u>. To receive a copy please contact <u>Julia.Wolhandler@dc.gov</u>.



Be on the look out for more announcements and information on emergency preparedness in the next ODR Newsletter including content from HSEMA!

Looking Back

Hands only CPR

ODR had the privilege of hosting agency neighbors, the Mayor's Office of Veterans Affairs, the Mayor's Office on Asian and Pacific Islander Affairs, and the Office of Victim Services and Justice Grants in a Hands-only CPR training taught by DC Fire-EMS.

Hands-only CPR is a technique that involves chest compressions without artificial respiration. Studies indicate that Hands-only CPR performed immediately may increase a cardiac arrest victim's chance of survival. The training instructs participants to focus on their hand placement, tempo and the number of compressions.

We learned different adaptive methods of CPR including the use of an elbow and the back heel of a foot all while going to the rhythm of the song, Staying Alive, by Aretha Franklin.

The classes are free! You do not need to be certified to save a life. If you are interested in taking a Hands-Only CPR class contact <u>hands.onhearts@dc.gov</u> or call 311.







Julia demonstrates the use of the back of her heel for adaptive CPR



Naguran and Erica demonstrate team-support CPR and AED application

For Information about ODR's Newsletter call (202)724-5055 or visit the web at odr.dc.gov.

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Fax: (202)727-9484. E-mail: ODR.Complaints@dc.gov

Mission Statement

The mission of the District Office of Disability Rights (ODR) is to ensure that the programs, services, benefits, activities and facilities operated or funded by the District of Columbia are fully accessible to, and useable by people with disabilities. ODR is committed to inclusion, community-based services, and self-determination for people with disabilities. ODR is responsible for overseeing the implementation of the City's obligations under the Americans with Disabilities Act (ADA) as well as other disability rights laws.